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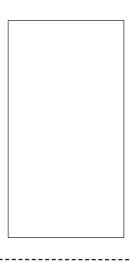
black line.

Make all folds before you begin.

February 21 1st Sunday of Lent

me align my energies with yours. to your presence with me today. Help my oldest dreams and open my eyes desert, inspire me. Help me remember Holy Spirit, who drives Jesus into the

How do I want to change this Lent?



this week my heart, to be my companion I call on ., who knows

February 28 2nd Sunday of Lent

your beauty unfolding of new life each spring. Help me see Creator God, we walk in the midst

- In people.
- In nature.
- In music
- In loving acts I witness and perform.

I commit to praise you at least beauty I see times each day for the

my companion this week. me stop and cherish beauty, to be I call on , who helped

March 7 3rd Sunday of Lent

friendship. voice in my ears. Free me for your feel your breath in the wind and your and have-tos. Help me make room to Loving God, I crowd my life with things

ways this week I resolve to simplify my life in three

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I call on me another chance, to be with me. ., who always gave

March 14 4th Sunday of Lent

March 21

me with the light Jesus brings us. sent your Son, to be one of us. Fill God, you so loved the world that you

grudge or a failure eroding my future. I write my resolution here: I will work on forgiving a long-held

to speak to my heart I call on , who forgave me,

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day. I will say thank you— • to those closest to me.

and friendship.

to coworkers.

with me this week.

I call on

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