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**January 19, 2020** 

2nd Sunday of Ordinary Time

## "The Greatest," Sia

SPIRIT this week explores ways the Holy Spirit moves in us—in our failures and regrets as well as our gold stars and friendships. Sometimes we sense the Spirit stirring during quiet contemplation. The Spirit risks new friendships with us or pushes to give our best to a challenge. Sia's song "The Greatest" is all about connecting with a animating presence greater than ourselves, pushing and staying motivated against all obstacles, and embracing life.

**Key lines:** Hey, I am the truth / Hey, I am the wisdom of the fallen – I'm the youth / Hey, I am the greatest / Hey, this is the proof / Hey, I work hard, pray hard, pay dues, hey / I transform with pressure, I'm hands-on with effort / I fell twice before my bounce back was special / Letdowns will get you, and the critics will test you / But the strong will survive, another scar may bless you, ah

**Questions:** When have you pushed yourself beyond old limits to new ones? When have you experienced being part of something greater than yourself?

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January 26, 2020

**3rd Sunday of Ordinary Time** 

## "Higher Love," Kygo & Whitney Houston

SPIRIT explores service and ways to put our faith into action this week It isn't easy to see the poverty around us if we are not living in it. People living without what they need don't want us to see what is happening. Most of us, especially young people our own age, want to help if we do see others in tough situations. We serve God when we serve our neighbors. Some people have the means to donate money; some donate time and talents. "Higher Love" is a powerful song about what it means to seek out purpose and to respond to Jesus' call to serve others. It challenges us to move into action.

Key lines: Think about it, there must be a higher love / Down in the heart or hidden in the stars above / Without it, life is wasted time / Look inside your heart, and I'll look inside mine / ...Bring me a higher love / Bring me a higher love / Where's that higher love I keep thinking of?

Questions: Where do you see people living in poverty in your community? What are some ways you can serve in your local community? When have you felt called to a higher purpose? What is it?