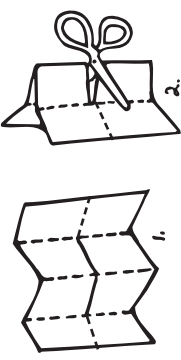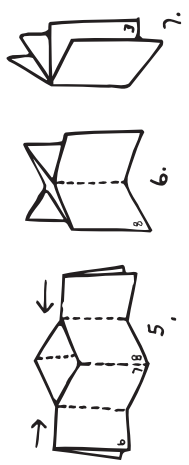# Celebrate LENT 2020

March 1   1st Sunday of Lent

Holy Spirit, who drives Jesus into the desert, inspire me. Help me remember my oldest dreams and open my eyes to your presence with me today. Help me align my energies with yours.

How do I want to change this Lent?

[box]

I call on _____, who knows my heart, to be my companion this week.

2

March 8   2nd Sunday of Lent

Creator God, we walk in the midst of new life each spring. Help me see your beauty unfolding

● In people.
● In nature.
● In music.
● In loving acts I witness and perform.

I commit to praise you at least _____ times each day for the beauty I see.

I call on _____, who helped me stop and cherish beauty, to be my companion this week.

3

March 15   3rd Sunday of Lent

Loving God, I crowd my life with things and have-tos. Help me make room to feel your breath in the wind and your voice in my ears. Free me for your friendship.

I resolve to simplify my life in three ways this week.

1
2
3

I commit to praise you at least
[...]

I call on _____, who always gave me another chance, to be with me.

4

March 22   4th Sunday of Lent

God, you so loved the world that you sent your Son, to be one of us. Fill me with the light Jesus brings us.

I will work on forgiving a long-held grudge or a failure eroding my future. I write my resolution here:

I call on _____, who forgave me, to speak to my heart.

5

April 5   Palm/Passion Sunday

Jesus, in this holiest of weeks we walk with you in your passion, death, and resurrection. I commit to join the Christian community to celebrate one of these special days. Keep me forever on your path.

I have this childhood memory of Holy Week.

[box]

7

March 29   5th Sunday of Lent

Jesus, you taught us to see our own sins and failures, before we criticize and condemn others. Keep me in your love and friendship.

I will work on appreciating the friendships that sustain me every day. I will say thank you—

● to those closest to me.
● to coworkers.
● to people who show me kindness.

I call on _____, who showed me how to be a friend, to walk with me this week.

9

Make all folds before you begin.

Cut on solid black line.

8