

# SCRIPTURE

Scripture is the second focus of your candidate's confirmation preparation. This session explores how the traditions of the Old and New Testaments describe people's experience of the Spirit.

The *Giver of Life Candidate Program* gives sponsors or mentors the task of talking

with their candidates about what a good Christian is and what belonging to the Catholic Church really involves. The questions below are for you and your candidate to discuss. You may want to journal a response.

## PRAYER

Generous Spirit,  
you give me the tools  
I need to make right  
decisions.

You give the drive to act  
and the awareness to  
appreciate your power.

Yours is the energy that  
draws people together.  
Thank you for being there  
in my loneliness, for  
opening my eyes  
to injustice, for blessing me  
as a member of a loving  
faith community.

*Add to the prayer.*

It is a privilege to be able  
to give back to this  
community.  
For this and so much more  
I offer this prayer.  
Amen.

**What makes** a good Christian?

**What are** your hopes for our world and its people?

**What are** your hopes for yourself?

**In what ways** can you be good news to people in need?

**What are** your doubts and questions about God  
and God's Spirit?

# SPIRITUALITY

Spirituality is our response as whole persons with bodies, minds, feelings, and relationships to the presence of the Spirit in our lives. Our spirituality expresses our relationship with God and our confidence in that relationship.

Discuss spirituality with your candidate, using the questions below to help you. Share with your candidate the way you pray. Include participating in parish worship.

## PRAYER

Holy Spirit, stir me into action.  
May your presence  
become obvious to others  
through my words and deeds.  
You dwell in me;  
I am incomplete without you.  
Allow me to be a sign of  
your love, especially to my  
candidate.  
Amen.

**Why do you pray?**

**When do you pray?**

**How do you pray?**

**What do you count on God for?**

**What can God count on you for?**