

CONTENTS

INTRODUCTION	7
<i>Session 1</i>	
LIVE SIMPLY	11
<i>Session 2</i>	
LIVE HUMBLLY	20
<i>Session 3</i>	
LIVE PRAYERFULLY	27
<i>Session 4</i>	
LIVE LOVINGLY	35
<i>Session 5</i>	
CARE FOR CREATION	43
<i>Session 6</i>	
LIVE IN PEACE	53